



VITALITY HEALTH

9240 Bonita Beach Rd  
Suite 1114  
Bonita Springs, FL 34135

# Medical History Form

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

Primary Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

List any Allergies: \_\_\_\_\_

## Social History:

Do you smoke? ☐ Yes ☐ No (if yes, how often per day) \_\_\_\_\_

Do you drink? ☐ Yes ☐ No (if yes, how often per week) \_\_\_\_\_

Do you exercise regularly? ☐ Yes ☐ No (if yes, how often per week) \_\_\_\_\_

## Medical History:

List any NEW medical conditions that you currently have or have had in the past not listed on previous medical history form:

List any NEW hospitalizations/surgeries that you have had not listed on previous medical history form: \_\_\_\_\_

List ALL medications you are currently taking: \_\_\_\_\_

List ALL Vitamin/Mineral Supplements (including OTC) you are taking: \_\_\_\_\_

## Family History (check all that apply):

☐ Stroke ☐ Heart Attack ☐ Heart Disease ☐ High Blood Pressure ☐ Diabetes

☐ High Cholesterol ☐ Osteoporosis ☐ Anemia ☐ Thyroid Disease ☐ Cancer

☐ Other: (specify) \_\_\_\_\_

Patient Printed Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Please email completed form to [kurt@vitalityhealthsfl.com](mailto:kurt@vitalityhealthsfl.com)